

## PE & SPORTS GRANT INFORMATION 2022/23



| PE & Sports Grant Information                               |                       |
|---|-----------------------|
| Academy   | Ilsham C of E Academy |
| PE & Sports Grant Allocation<br>September 2022– August 2023 | £17,540               |

### Spending Overview :

#### Rationale

The Learning Academy Partnership is dedicated to delivering high quality PE & school sport to all children. We aim to raise standards in PE and equip the children with the desire, skills, knowledge and understanding necessary to lead a healthy lifestyle.

| ACTIVITY  | COST<br>£ | FUNDING<br>CONTRIBUTI<br>ON | IMPACT SOUGHT  | OUTCOME OF FUNDING<br>AS AT 31/08/2023  |
|---|-----------|-----------------------------|--|---|
| Engagement with Kinetic Sports Group to offer Specialist PE support for teachers. | £11,440   | £11,440                     | <p>To develop subject knowledge for teaching staff on the delivery of high quality PE lessons.</p> <p>To develop teaching staff through an incremental coaching approach.</p> <p>Children to experience PE specialist to further develop their physical literacy and skill - building into sports games.</p> <p>Engage, enthuse and spark interest for children in PE and to further engage them in sports clubs outside of school.</p> <p>To expose children to a wider range of sports and activities.</p> | <p>The partnership has been pivotal in developing the teaching and learning of PE at the school and also providing further access to inter-school events where children have been inspired by trying new sports. Teachers are more confident in lesson delivery and have benefitted from specialist support in planning effective PE lessons. Team teaching alongside coaches from Kinetic has ensured that children have access to high quality teaching in a range of sports.</p> |
| Reach Outdoors adventurous activities   | £1700     | £1320                       | <p>To improve the provision that we have, for outside learning experiences, further.</p> <p>To inspire a love of adventure that will stay with them and help them develop into fit, active and healthy adults.</p> <p>To support and involve the least active or least confident pupils within additional curricular and extra-curricular learning opportunities.</p> <p>To learn new skills and build on their confidence, independence and self-esteem.</p>  | <p>Children in Upper Key Stage Two realised the possible as they enjoyed activities that they have not been involved in before: kayaking, paddle boarding and indoor climbing. The children learned new skills and developed their confidence, which impacted on their confidence and attitudes back in school. They developed their team building skills and demonstrated resilience as well as passion and enjoyment for new activities.</p>                                      |

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|-----------------|--------|--------|---|---|
|                 |        |        | To improve their emotional health and wellbeing.  |   |
| Forest School   | £4,250 | £4,250 | <p>To improve the provision that we have, for outside learning experiences, further.</p> <p>To inspire our younger children to try new skills and step outside of their comfort zone.</p> <p>To build children's confidence and self-esteem through exploration and problem solving.</p>  | Forest school provision has had a huge impact on all of our children as it has enabled them to develop new skills and engage in further learning opportunities outside of the classroom. We have seen an improvement in children's wellbeing and through pupil conferencing, our children have been overwhelmingly positive about their forest school experience.   |
| Year 5 swimming | £296   | £0     | To enable all students to meet the aims of the National Curriculum of being able to swim 25 metres and perform life-saving skills.  | All children can swim 25 metres and perform life saving skills. All children understand the importance of living in a seaside town and are aware of the potential dangers and risks of open water. This has been complimented by the training of water safety ambassadors when the children were in Year 4.   |
| Life Education  | £730   | £730   | <p><b>Foundation Stage</b> and <b>Key Stage 1</b> (<i>Nursery to Year 2</i>) they learn about <b>keeping their bodies healthy, feelings</b>, being a <b>good friend</b> and the <b>safe use of medicines</b>.</p> <p>At <b>Key Stage 2</b> (<i>Years 3 to 6</i>) the experienced and specially trained Educators help children to consider the effects and risks associated with the use of drugs, including <b>medicines, alcohol</b> and <b>tobacco</b>. In addition, children learn about <b>choices</b> that can affect health and well-being, skills of <b>friendship</b> and how to cope with <b>bullying</b> and <b>peer pressure</b>.</p> | Children have built upon prior learning and can talk confidently about the importance of healthy eating, fitness and wellbeing. Children understand the importance of healthy lifestyles and the impact it has on their long-term health. They can make more informed choices about healthy eating, fitness and their emotional well-being. The children engaged with their virtual Life Education session and were able to discuss |

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|              |                |                | Annual Life Education visits will enable children to be better equipped to make healthier lifestyle choices. | the key learning from the session. The children understand the importance of mental wellbeing. They were able to discuss the benefits of mindfulness and perform some mindfulness activities. |
| <b>Total</b> | <b>£18,416</b> | <b>£17,540</b> |  |   |