



ILSHAM
CHURCH OF ENGLAND ACADEMY

Relationships and Health Education

Autumn 1

Autumn 2

Spring 1

Spring 2

Summer 1

Summer 2

EYFS

Relationships Education
Caring Friendships
Mental Wellbeing

Relationships Education
Caring Friendships
Mental Wellbeing

Relationships Education
Caring Friendships
Mental Wellbeing

Year 1

Respecting Ourselves and
Others
Families & Friendships

Safe Relationships

Belonging to our
Community

Media Literacy and
Digital Resilience
Money and Work

Physical Health and
Mental Wellbeing
Keeping Safe

Growing & Changing

Year 2

Respecting Ourselves and
Others
Families & Friendships

Safe Relationships

Belonging to our
Community

Media Literacy and
Digital Resilience
Money and Work

Physical Health and
Mental Wellbeing
Keeping Safe

Growing & Changing

Year 3

Respecting Ourselves and
Others
Families & Friendships

Safe Relationships

Belonging to our
Community

Media Literacy and
Digital Resilience
Money and Work

Physical Health and
Mental Wellbeing
Keeping Safe

Growing & Changing

Year 4

Respecting Ourselves and
Others
Families & Friendships

Safe Relationships

Belonging to our
Community

Media Literacy and
Digital Resilience
Money and Work

Physical Health and
Mental Wellbeing
Keeping Safe

Growing & Changing

Year 5

Respecting Ourselves and
Others
Families & Friendships

Safe Relationships

Belonging to our
Community

Media Literacy and
Digital Resilience
Money and Work

Physical Health and
Mental Wellbeing
Keeping Safe

Growing & Changing

Year 6

Respecting Ourselves and
Others
Families & Friendships

Safe Relationships

Belonging to our
Community

Media Literacy and
Digital Resilience
Money and Work

Physical Health and
Mental Wellbeing
Keeping Safe

Growing & Changing