



**ILSHAM**  
CHURCH OF ENGLAND ACADEMY

# Physical Education

**Autumn 1      Autumn 2      Spring 1      Spring 2      Summer 1      Summer 2**

**EYFS**

Fundamentals Multi Skills	Multi Skills Gymnastics	Invasion Games Netball Dance	Invasion Games Basketball Athletics	Striking and Fielding Rounders Racket Skills	Athletics Alternative Sports
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**Year 1**

Multi Skills Gymnastics	Invasion Games Netball Dance	Striking & Fielding Rounders Net and Wall Tennis	Invasion Games Handball Athletics	Striking and Fielding Cricket Net and Wall Volleyball	Athletics Alternative Sports
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**Year 2**

Invasion Games Netball Gymnastics	Invasion Games Handball Dance	Striking & Fielding Rounders Net and Wall Tennis	Invasion Games Football Athletics	Striking and Fielding Cricket Net and Wall Volleyball	Athletics Alternative Sports
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**Year 3**

Invasion Games Netball Gymnastics	Invasion Games Handball Dance	Striking & Fielding Rounders Net and Wall Tennis	Invasion Games Football Athletics	Striking and Fielding Cricket Net and Wall Volleyball	Athletics Alternative Sports
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**Year 4**

Invasion Games Basketball Gymnastics	Invasion Games Handball Dance	Striking & Fielding Rounders Net and Wall Tennis	Invasion Games Hockey Athletics Outdoor Activities: Residential	Striking and Fielding Cricket Net and Wall Volleyball	Athletics Alternative Sports
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**Year 5**

Invasion Games Netball Gymnastics	Invasion Games Tag Rugby Dance	Striking & Fielding Rounders Net and Wall Tennis	Invasion Games Football Athletics	Striking and Fielding Cricket Net and Wall Volleyball Swimming	Athletics Alternative Sports
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**Year 6**

Invasion Games Basketball Gymnastics	Invasion Games Tag Rugby Dance Outdoor Activities: Residential	Striking & Fielding Rounders Net and Wall Tennis	Invasion Games Hockey Athletics	Striking and Fielding Cricket Net and Wall Volleyball	Athletics Alternative Sports
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